










<p><b>Texas Resources</b> Compiled by CARMAhealth</p>		<p>Use the camera on your smartphone to scan the QR codes or click the links in this column to reach the corresponding resources.</p>
<p><b>Crisis Phone Numbers</b></p>		<p> <b>Crisis Phone Numbers</b></p>
<p><b>Therapy &amp; Counseling</b></p>		<p><a href="#"><u>Mental Health Resources</u></a></p>
<p><b>Community Resources</b></p>		<p><a href="#"><u>Community Resources</u></a></p>
<p><b>Substance Use &amp; Addiction</b></p>		<p><a href="#"><u>Substance Use Resources</u></a></p>
<p><b>Psychiatric Help &amp; Primary Care</b></p>		<p><a href="#"><u>Psychiatric Help &amp; Primary Care</u></a></p>
<p><b>ADHD/Neuro Specialist Testing Referrals</b></p>		<p> <b>ADHD/Neuro Specialist Testi...</b></p>